

TG FOCUS

,The world from a transgender perspective

LAS CHICAS
de TORREVIEJA



EMMA'S TALE



CARLA'S IF



**"I've never been interested
in being invisible and erased."
-Laverne Cox,
actress and LGBTQ advocate**

Welcome to TG Focus, an E-magazine for transgender women and crossdressers. Here, you'll find valuable information, shared experiences and resources to empower and support you on your journey.

Join us as we celebrate diversity, provide educational articles, and showcase uplifting stories in our digital magazine. TG Focus is your safe space to explore, learn and grow within a welcoming and inclusive environment.

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Welcome

Welcome to issue: 1 of the TG Focus Magazine. We are proud to celebrate gender diversity in all its splendour and welcome and support all members of our community however they identify.

This is our exciting first issue and we are happy to introduce you to your editorial team.

Carla

Hi everyone, I'm Carla. I've been transgender all my life but only came out to the world in 2020 amid the Covid pandemic. I've lived in Spain since 2015 and live in Orihuela Costa about 50 minutes south of Alicante airport. I fill my time writing, particularly poetry and helping my wife with her business. I am also a qualified hypnotherapist.

I have a network of trans friends in the area, and we regularly go out in Torrevieja and the surrounding area.

When I first came out to my wife, I was very nervous and apprehensive. I had been 'cross dressing' pretty much all my life, but the Covid pandemic meant I was confined to my home along with my wife. I couldn't escape into my female self so at the end of the first brutal lockdown I told my wife the truth about myself.

Although I had been 'dressing' most of my life, it soon became evident to my wife that I wasn't a cross dresser, I was a transgender woman. Soon, I was dressing regularly in front of her and itching to go outside.

In April 2021, I went outside properly for the first time (previously I had been up and down my road to put the bins out). With the help of a trans friend, Carla went to the hairdressers, Ice cream shop and local bar that first day. I wore a denim skirt, T-Shirt and pink cardie, with a pair of short boots. I felt fabulous as the barman greeted us with 'Hola Ladies'.

My family and friends are incredibly supportive, especially my wife and I go everywhere. There are virtually no restrictions other than those associated with my wife's work. My 'Pink Fog – Trans in Spain' podcast and blog have been going over two years. I also have Instagram and TikTok accounts. This magazine is an exciting new project and hope that you find it supportive, informing and entertaining.

Lots of love
Carla xx

Penny

Hola everyone. I am Penny and have been dressing most of my life. My first memories of declaring I was a girl were as a four year old, much to my Nan and sisters amusement.

I also live on the Costa Blanca, 30 minutes south of Alicante airport. I am married to a wonderful woman who accepts me as who I am. We were married seven years ago and I came out to her before our wedding. I am not out to my family but my wife ensured I had a pretty pair of lace panties to wear under my suit to walk down the aisle.

I balance my life as him and her with ease as regardless of the cover, the book tells the same story. Having said that I can not wait to get home and throw off my manly work clothes and put on something feminine. All my neighbours know who I am, as do the many delivery drivers who come to our door.

We socialise as both husband and wife and wife and wife. We travel abroad a lot and there is always time for Penny on our trips. Traveling en femme is always fun but more on that in a later issue.

We do not profess to being experts on "how to be trans". Our aim here is to hopefully inform and entertain. We will share our experiences along with those of other girls in our circle and beyond. We will tell you what works for us and hopefully you will see some similarities with yourselves.

Penny x

"The more I hold myself close and fully embrace who I am, the more I thrive."

-Elliot Page

LAS CHICAS DE TORREVIEJA



In the coastal town of Torrevieja on the Costa Blanca, an hour south of Alicante, in Spain a group of transgender women have come together. From what started as two women talking on line has grown into a strong social group that come together once a week. On one of these evenings out one of the girls jokingly referred to it as “Tgirl Tuesday” a name that has stuck ever since. Visiting many bars and restaurants in and around Torrevieja. A mix of single, married and separated women, from various countries, a bond has been formed.



We can often be seen out together shopping as far a field as Alicante and Murcia. Along with the Tgirl Tuesday nights out, there are other social gatherings such as parties or BBQ's, where the attendance is increased by the inclusion of wives, partners and friends.

We feel that it is important to be out there and normalise transsexual women being part of the larger community.

The wider LBTG+ community on the Costa Blanca and Costa Calida have welcomed us with open arms and some ladies often take part in the events organized by the LGBTQ Costa Cálida–Blanca facebook group.

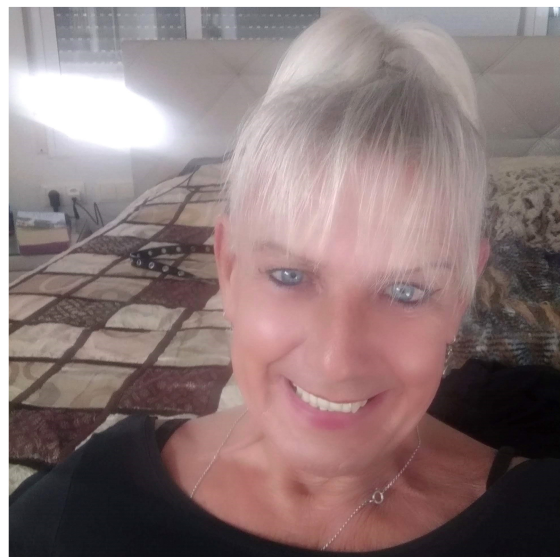
Our numbers are often swelled by visitors who come to the area on holiday. We do everything we can to make them feel welcome and introduce them to the very trans friendly Torrevieja.

As well as socialising together, it is not unusual to find a few of the married transgender women out with their partners enjoying a meal or a drink.

Coming together we have created a supportive and empowering community. By connecting and sharing experiences we have created a space where we can share experiences and offer each other support and advice on the unique challenges faced by transgender women.

THE BLESSINGS OF COMING OUT

Hi everyone. I am Emma, a Dutch transgender woman who has been living in Spain since 1996. I have been transgender for as long as I can remember. I came out as transgender 10 years ago and have been living full time as a woman for almost 2 years.



As a transgender girl living in Spain, I enjoy the sun a lot. I am a summer girl and as soon as the weather is warm enough I

dive into our garden to enjoy the first rays of sunshine. I wear short skirts very often and I want to get rid of my pantyhoses as soon as possible, so I do everything for a nice tan.

For over a year now, I have been living full time as a woman. The decision to do so has been a difficult one with many consequences for my personal life. I don't regret my decision for a second, despite experiencing also negative consequences of my coming out. I don't want to talk about that today, today I want to talk about all the positives of coming out.

I was sunbathing in our garden this week when it suddenly dawned on me that I was wearing a bra. Thanks to years of hormone use, I have grown a pair of modest breasts, so of course I wear a bra. But it occurred to me that just a year ago I was deliberately sunbathing topless. After all, outside my own garden, I walked around not in a bikini but in a boy's swimming trunks, and I found it offensive to sit on the beach with the white stripes of my bikini on my body. Although I have to say right away that this shame was mainly for the sake of the people around me, I myself didn't care about that any more.

It made me think about all the other things that had become so much easier since the first time I had shown my girly face to the world. That turned out to be quite a lot. First, of course, the lapse of the need for secrecy. It is a blessing when you no longer have to fear being recognized on the street by acquaintances. Or when an unexpectedly taken photo appears on social media. Or when you're sunbathing in your bikini in the garden and the doorbell rings. Or when a video call comes in from an unwitting close acquaintance and you've just applied your makeup.

And what about not having to stow away your clothes anymore? My girl's clothes used to always smell like gasoline because the garage was the one place no one ever went... There's nothing more fun than going to a store to buy clothes and jewelry, or if necessary ordering them on Amazon but not having to worry about your order falling into the wrong hands.

But surely the very best part of coming out is being able to move through society unhindered and without shame. That you can go out with friends and girlfriends, that you can feel that men and women appreciate your womanhood, appreciate your company. And...if things go really well maybe even fall in love as a woman one day!

Of course I know that coming out remains very difficult for all of us and many of us will never take the step. You will always have to weigh the sacrifices of a coming out against the benefits. But the fact is that for some, the trade-off will always be in favor of coming out. Simply because you feel you have no choice.

Emma x

“The best thing about being a girl is, now I don't have to pretend to be a boy.”

Avery Jackson

If, For a Tgirl



If you were born this way and feel it's true
And others are socialised not to believe in you,
If your heart tells a story not about him
And the mask you hold is wearing thin,
If you long to be just like the girls
And you long to embrace their beautiful curls,
Or your childhood was spent living a lie,
And your masculinity was ready to deny:

If your strength lies in your feminine beauty
Hidden from others in concealed duty,
If your strength defies the frequent tease
Seeking to bring you to your knees,
If your truth means nothing to those outside
Even though it makes you cry,
Or lived through your life with heart and drive,
And made you stronger and ready to thrive:

If time comes by and you share your soul
And reclaim your life that gender stole,
If those who are true seem to doubt
But you feel so joyful for being out,
If you step outside in a beautiful dress
Feeling emotional and truly blessed
And when you are seen you truly shine
She dances amongst us truly aligned:

If you can walk amongst life and keep sincere
And share your beauty with everyone there,
If nothing can beat you no matter how much
When you inspire those around you with a common touch
If you are there for others who share your story
And bring them with you in all their glory,
Then you have the heaven and earth authentically you
For you are a true Tgirl, authentically true!

Rewritten by Carla Moss



Marsha P. Johnson

Activist

Also known as: Black Marsha, Malcolm Michaels, Jr.

Marsha P. Johnson (born August 24, 1945, Elizabeth, New Jersey, U.S.—found dead July 6, 1992, New York City, New York) was a Black American who was dedicated to social justice for the gay and transgender communities. She was a pioneer of the gay rights movement in the late 1960s and spent the following two decades advocating for equal rights for the lesbian, gay, bisexual, transgender, and queer (LGBTQ) community.

Johnson was assigned male at birth and began wearing girls' clothing at a young age.

However, after experiencing sexual assault at the hands of a 13-year-old boy, she temporarily stopped experimenting with feminine fashion.



After completing high school in 1963, she moved to New York City. There Johnson began frequenting bars and nightclubs dressed as a woman called “Black Marsha.” Johnson gradually cultivated a unique personality and style and eventually began calling herself Marsha P. Johnson. She stated that the middle initial stood for “pay it no mind,” a phrase she often used when questioned about her gender and lifestyle. Johnson became well known in the LGBTQ community for her colourful wigs (often crowned with flowers or artificial fruit), red heels, sparkly robes, and multiple strands of costume jewellery. For a while she performed with the drag group Hot Peaches. Johnson also earned money through participating in sex work, but she was often abused by clients and arrested on occasion.

Johnson began going to the Stonewall Inn, a gay bar in the Greenwich Village section of New York City, in the late 1960s. She was one of the demonstrators present during the Stonewall riots in 1969, protesting against police harassment and social discrimination of gay and transgender individuals.



After the Stonewall riots, Johnson joined the Gay Liberation Front, which was a catalyst for the

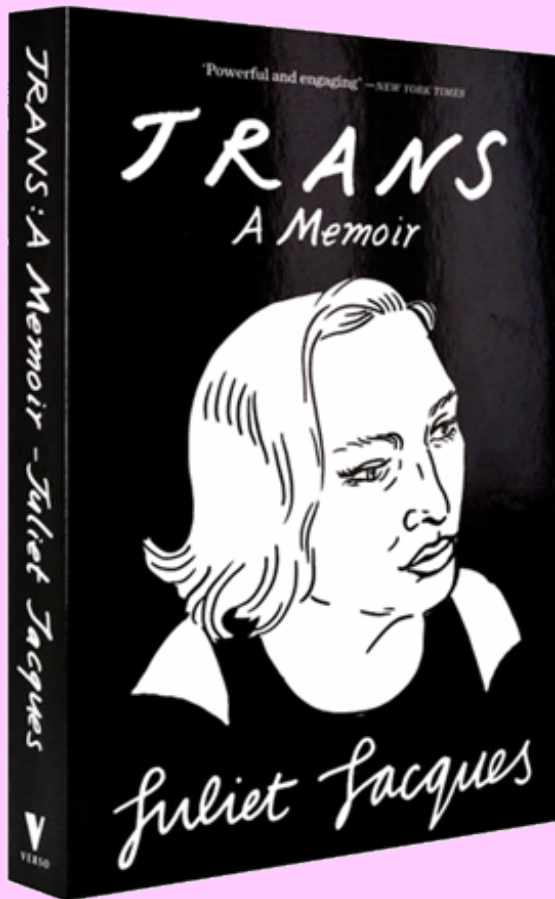
gay rights movement. In 1970 she co founded the Street Transvestite Action Revolutionaries (STAR) with fellow transgender rights activist Sylvia Rivera. The two worked for gay and transgender rights while also providing housing for LGBTQ youth living on the streets. Johnson and Rivera acted as house mothers, guiding and protecting queer youth. In the 1980s Johnson, who was HIV positive herself, became an AIDS activist and joined ACT UP, an organization formed to bring attention to the AIDS epidemic. She was noticed for her work and was even featured in a print series by American artist Andy Warhol.

Throughout her life Johnson suffered from mental illness and was in and out of psychiatric hospitals. Those who knew her described her as volatile and unpredictable. In July 1992 her body was found floating in New York City’s Hudson River. The police ruled her death a suicide, although friends and family cited a lack of evidence supporting that claim, arguing that though she had struggled with mental health, she had never expressed suicidal ideation. Additionally, she was found with a head wound. In 2012 the police, under renewed public pressure, reopened the case. They reclassified her death as a drowning from undetermined causes, but the case remains unsolved.

Several documentaries have been made celebrating Johnson’s life and activism. In 2020 New York Gov. Andrew Cuomo announced that a seven-acre (three-hectare) waterfront park in Brooklyn was being renamed for Johnson.

Book Review - Trans: A Memoir

Juliet Jacques



Juliet Jacques is a writer, filmmaker and journalist, especially known for her work on transgender issues and experiences. Interestingly for me was her interest in music and football which was far from the stereotype of transgender women that drew me to her and this book. The book emerged from her blog posts, which she wrote for the Guardian newspaper.

After leaving university and seemingly in a dead-end job, she launched her career as a writer and after a number of publications, she published 'Trans: A memoir' in 2015.

In July 2012 she underwent gender reassignment surgery and that's where this book both starts and ends.

Much of it is set in Manchester with references to local bands The Smiths, Joy Division and other Indie bands littered throughout. The description of her personal experiences is inciteful and her emotions clearly described gave the memoir a certain honesty. She then went to live in London and that is where her medical transition took place. The journey wasn't plain sailing at all, and I was almost expecting each hurdle cleared to give way to positivity, but it wasn't always the case. This though, is real life and relationships that surround us can be unpredictable. She doesn't hold back especially when describing some of the negative experiences she had whilst out

in public. Negative public perceptions are never far away, and it clearly shows to the public at large that gender dysphoria is real. After all, who would go through all this if it wasn't real?

Juliet described her discomfort of long waiting times for gender treatment. In particular, the bureaucracy and frustration of her real-life experience of living as the woman she is, yet without the medication required to at least make an indent into her dysphoria.

One of the online reviews I read, refers to the book being 'far too left wing'. This intrigued me as most of the hostility towards transgender people tends to come from right wing sources, so hardly a revelation. Much of the memoir focuses on hers and other trans people's treatment by the media, particularly by the (right wing) tabloid press and certain writers on social media. It's a source of sadness and sometimes anger, that some ten years later, this treatment has not only not improved, but arguably got worse

One case she highlights is worth mentioning here as it was quite a low point in recent journalistic history. It's described towards the end of the book. I make no apologies for including it here..

Transgender woman, Lucy Meadows was a teacher in Accrington when she underwent gender reassignment surgery. On return to school after the Christmas break as a woman, the school informed pupils and parents of this fact. Unfortunately, local journalists got hold of the story and reported a local father who had suggested that his three sons were 'too young to be dealing with that'.

Daily mail columnist, Richard Littlejohn, who has a history of vile views about minorities took hold of the story and wrote an editorial headed 'He's not just in the wrong body, he's in the wrong job'. He went on to ask about the 'devastating effect' that Meadow's gender reassignment would have on her pupils.

Shortly later, Meadows killed herself, having been hounded by journalists near her home. Although it seemed there was no direct link between Littlejohn and the suicide, the coroner insisted that the media attention had contributed.

This media behaviour has continued ever since and journalists who have been linked in the same way to Caroline Flack taking her own life are still engaging in destructive and thoroughly nasty attacks on transgender people, particularly women. The

Leveson enquiry seems to have had no effect on the low standards these so-called journalists live by.

Overall, if you want an account of transgender experience, this is powerful and engaging. It's clear that all transgender lives are different and can't be pigeonholed. I enjoyed this as it gave me links to my own life, particularly the indie music and football references.

Being transgender is viewed as being completely alien to people who aren't so. I found that this account gave numerous examples of where we cross over. There is no typical man or typical woman, and this account shows this. The shackles that are placed on our gender performance from the second we are born are massively restrictive and unfortunately there are people out there happy to judge based on values established a long time ago. Even a bus journey, never mind attending a football match can be quite harrowing for many.

The theory of being 'trapped in the wrong body' seems to give way to the society being the problem rather than the body. I found it comparable to the medical and social models of disability, in that it's not the person that's the problem, its society that needs to adapt and frankly, needs to be less judgemental and accepting that we aren't all the same. If only such people concentrated more on their own lives, rather than trying to break transgender people.

Juliet was relatively young in her transition, and it's clear that the younger you are the better a transition could be, bearing in mind that all cases and people are different. She explains how she 'came out' to different people and at different stages of life. That includes her parents and the reaction she got from various people, particularly from people who knew her both before and after her transition.

It's an enjoyable read and despite the obvious hurdles that Juliet encountered, it's a positive memoir. As part of a very small community, we are outsiders in many ways. I dislike the term 'brave' but maybe it fits here. To move 200 miles south and make your way through life in this way could be considered brave. Not only did she transition, but she also pursued her career. It would be so easy to withdraw like many of us do and suffer in silence. Not here.

Read and enjoy and if you are on the same journey as the author, I wish you well as you reach your goal.

Love Carla x

“But for the Grace. The True Story of a Dual Existence.”

Robert Allen – Transgender man (1914-1997) Film maker, radiologist, teacher.



Have you ever heard of Robert Allen? No, neither had I until recently. I write this in the knowledge that Robert was assigned female at birth but spent his life as a man.

I find it incredibly heart-warming to read about our transgender history through other people's lives. The way things are at the moment with the moral panic over trans women, you would think we had only been around for a few years. That's what the ignorant think anyway. Of course, we've always been here and always will. Robert's journey follows the path that so many of us follow and even though she was born over 100 years ago.

Joyce Allen, from Warrington (now Cheshire) from as early as she could remember, resisted having to wear girls' clothes. Identifying as a boy from an early age, Robert would dress in his father's trousers, and act the 'tomboy'. Typically, Robert had to perform part of his life as Joyce in order to conform. This meant employment as a woman and even to the point of marrying a man. This marriage did not last.

Robert then took to wearing more typical men's clothes and together with a male haircut began 'trying' to pass as a man. This attracted stares and unkind comments, Robert had a unique way of dealing with it. Replying...

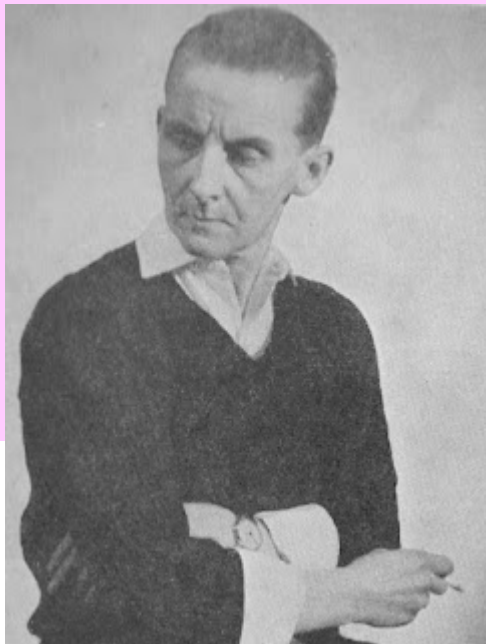
“The sadistic delight of strangers in making mocking remarks about my appearance perhaps called forth a sadistic response from me. I actually had visiting cards printed, bearing a false name and address, and when people were offensive to me in public, I would hand them a card with the

remark: 'if there are any further details you would like to know, perhaps you could write to me''.

In 1939, at the commencement of war, Allen enlisted and undertook numerous roles, including driving heavy lorries, eventually promoted to sergeant. There were many scrapes and after one particular tirade of abuse from a man she knew, she chased and fought him.

Robert left Warrington for London and ended up in the film industry, as a secretary at Denham Film Studios, as a masculine woman. Also, during the Second World War, Allen was directed to report as a woman porter at a London Station. Ultimately though, Allen was accepted as a man via medical examinations from his doctor and ultimately a change in his birth certificate from female to male. He did not have parents who he had initially written to and told them they had a son and not a daughter.

A period of post war unemployment was followed by a varied career which included Diagnostic Radiographer, and a science teacher in Liverpool. He remarried in August 1957



He passed away in a nursing home in Frodsham Cheshire in 1997 and anecdotally was a quiet, kind, polite and generous man.

There was no Gender Recognition Act and no hormones or transgender surgery, and public attitudes were more hostile than they are today. Very few trans people were able to come out publicly even though they existed. To come out would have taken guts and perseverance that Robert seems to have had in abundance. To say he survived would be an understatement, it seemed

he thrived and ultimately had a very successful life against the odds.

I find people who paved the way for us are inspirational and hope you find this short account as interesting as I did.

Have a lovely week, whatever you are doing.

Love
Carla

THE OTHER SIDE!

Thank you to my wife for taking the time to answer these personal questions, and for her honest answers.

How long have you known Carla?

14 years, married for 10.

Could you tell there was something different about her?

I knew Carla was sensitive, and kind but I did not realise that she was transgender.

How long had you been together before she told you?

Over 10 years

How did you react?

The first time I saw her, she came out dressed and I told her she had to change her dark wig as she looked like her sister.

How did she react?

She was nervous.

Did knowing make any change in how you saw her?

A bit more so in the beginning

Were you tempted to break off the relationship at this point?

Nope never even crossed my mind then but as time went on, I thought she would be happier if she was a woman full time, and I can't deal with that.

How did you feel the first time you saw Carla?

I thought how pretty she was.

Do you believe she told you at the right time or would you have wanted to know earlier in the relationship?

I think it would have been fairer if she'd told me earlier as I spent over 10 years without a clue so felt part of our relationship was a lie.

Do you remember a special time you spent with Carla?

Taking her to Alicante for her 60th birthday and spending the weekend as Carla and also Carla coming out in Thailand for the last few days we were there.

Do you ever share clothes?

Yes, we do. Mostly though, it's me getting clothes she's ordered online that don't fit.

What are the Pros of being with a Trans woman?

Borrowing clothes and makeup.

What are the Cons of being with a Trans woman?

Keeping her a secret from certain people and places.

Do you go shopping with Carla?

Yes, and we often like the same thing, once we both bought the same skirt. It's much easier as two girls because we can both try clothes on. Sometimes when she is in man mode, she sneaks into the changing room with me to try clothes on. She always enjoyed clothes shopping with me before she came out. Now I know why.

If you could spend an evening with Carla, what would you do?

We have done, a lot. We would go out for a meal and cocktails.

How have your family and friends reacted to your spouse's transition, and how has this affected you?

They have all been extremely supportive and we have been out with some of them with Carla.

Do you believe that children of a Trans woman should know about it? If yes, why?

Carla's sons found out by mistake at first but were very supportive. I think it depends on the age of the child, whether they want them to know but our sons are all grown up and we told them all, there was no problem with any of them.

What are some of the annoying things Carla does?

She spends a lot of time on her phone talking to other T-Girls.

Have you ever told anyone about Carla? If so who and how did they take it?

Yes, I've told a lot of people and everyone I have told has been fine with it.

How has your relationship dynamic changed since your spouse came out?

Are there aspects that have remained the same?

I feel we have reached a compromise that allows her to be herself sometimes and I have my husband at other times. She is very happy as Carla, but we can also enjoy our time together, with my husband.

What challenges, if any, have you encountered as a couple since your Spouse's transition?

Working out what we both want from our marriage and trying to make it work so we are both happy. At first it was difficult to tell people about Carla, but we have worked out a compromise.

Have you found sources of support or resources that have been particularly helpful for you as the partner of a transgender person.

No. I have looked but haven't found much, I did consider counselling but couldn't find one. That said, I have spoken to other T-Girl's wives and it's nice to get the perspective from other relationships.

In what ways have you and your spouse navigated discussions about gender identity and transition within your relationship and with others?

We try to be as honest as we can about our feelings while respecting each other. At first it was difficult. She wanted to talk about it all the time and I was reluctant. Now we talk a lot more. I am a lot more aware of transgender issues and it's much easier to talk about it.

Can you talk about any adjustments or accommodations you've made to support your spouse during their transition?

Allowing her time to be with other trans friends and helping her with make-up and styles. She asks me for advice on clothes and makeup. We also go out together, sometimes for a day or evening out. Sometimes for a mini break. We attend trans events together and have attended the last three Benidorm Pride events. We stay over for a few nights to make the best of it.

How has your understanding of gender identity evolved through this experience?

I've learned a lot. We have quite a few transgender and LGB friends now. We have also watched quite a few TV programmes on gender identity, which we found interesting. Even though I know a lot more, I can't say I understand how she feels.

Have you experienced any misconceptions or prejudices from others regarding your relationship since your spouse came out?

Not really, we get a few looks when we are out together, but I've not experienced any negativity. I do recognise other people's prejudice a lot more. Their language when talking to or about others.

How long does your partner spend getting ready? Is it more or less than you?

I think she spends about half an hour, more depending on whether she is going out or staying in. Shaving adds more time though. I think she spends less time than me as I have my hair to do, while she just puts on a wig. We often sit next to each other painting our nails which was a bit odd for me at first, but I've got used to it.

How would you describe your partners style?

Classy.

What have you learnt from living with and being married to a trans woman?

That she has a lot more clothes, jewellery and shoes than me and we had to buy an extra wardrobe.

If you could tell someone that has just learned their spouse is a Crossdresser or Trans woman, what would it be?

Just remember they have shared a part of them with you they kept hidden, and they will have been terrified of losing you. They trusted you enough to share their biggest secret.

IN THE NEWS

Lady Gaga calls out transphobic ‘hatred’ after International Women’s day post with Dylan Mulvaney.

Lady Gaga has called out transphobic “hatred” after a picture of her with transgender TikToker and model Dylan Mulvaney received negative comments on International Women’s Day

The “Born This Way” singer criticised media framing of the comments and reshared the image to her own Instagram page with a caption of her own. She called the comments “hatred”, adding that “hatred is violence”.

Full story [The Independent](#)

JK Rowling: Trans newsreader India Willoughby calls comments by Harry Potter author 'grotesque transphobia'

JK Rowling has been labelled a "transphobe" for her "grotesque" views on trans rights after she deliberately misgendered Britain's first transgender newsreader, India Willoughby.

The Harry Potter author has been widely condemned in recent years for her views on transgender rights, having claimed that she would rather go to jail than refer to a trans person by their preferred pronouns.

Full story [Sky News](#)

Tory MP likens trans acceptance to saying ‘two plus two equals 5’

Tory MP Nick Fletcher has compared the acceptance of trans people by schools and businesses to telling children that “two plus two equals five”.

Full story [Pink News](#)

Liz Truss 'furious' after MPs accused of blocking transgender reform bill

The former prime minister did not get time to debate proposals to ban transgender women from female-only spaces after MPs ran down the clock with other lengthy debates.

A controversial proposal to ban transgender women from female-only spaces will not be debated after both Tory and Labour MPs were accused of filibustering a bill drawn up by Liz Truss.

It is also understood some Conservatives had been asked to prolong the earlier debates to run down the clock and stop Ms Truss's bill from being debated

Full story [Sky News](#)

Surge in transphobic speech among politicians sparks concern ahead of EU elections, new report warns

Transphobic and anti-LGBTI rhetoric is on the rise among politicians in Europe, according to a new report, prompting alarm ahead of the EU elections in June.

Advocacy group ILGA-Europe found a "clear accumulation of hate speech" against the lesbian, gay, bisexual, trans and intersex (LGBTI) community by politicians in 32 European countries – including 19 EU member states – over the past year.

Croatia, Ireland, Slovakia, Spain and Sweden are named among the member states where transphobic rhetoric is on the rise, while transphobia was also detected in parliamentary discussions in Denmark, Finland, Netherlands, and Portugal.

Full story [euronews](#)

“I want all my Queer and Trans siblings to remember that we are not alone. We never have been and we never will be.”—James Dillon III
a photographer, writer, peer recovery coach and founder of [Queercovery](#).

ONION BHAJIS RECIPE

When ever we have a Tgirl party and asked to take a dish along, I always make my onion bhajis. The plate is a big hit and I am always asked for the recipe. Here it is.

Ingredients

- 4 red onions (500 grams approx)
- 1 cup of gram flour (chickpea flour)
- 1 tsp ground cumin
- 1 tsp ground coriander
- 1 tsp ground turmeric
- 1 tsp chilli powder
- ¼ cup cprinander leaves
- Salt to taste
- 1 – 3 tsp water as needed.



Method

1. Cut the onions into thin slices and cut them in half.
2. In a mixing bowl put all the dry ingredients, onion, flour, spices and salt. Mix them with your hands and allow them to sit for an hour.
3. After an hour, squeeze the onions with your hands to release the juices. Combine the mixture together to form a thick batter. If the batter is too dry add 1 teaspoon of water at a time until the batter coats the onions well.
4. Pour enough oil into a wok to allow the onions to float and heat it. Check the oil is sufficiently hot by dropping a pinch of the batter in. If it bubbles up immediately you know the oil is ready.
5. Using a spoon or clean hands, ball the onion bhajis and place them in the oil and fry for 3-4 minutes. Flip the bhajis in the oil until they are browned all over.
6. Lift out of the oil and place on kitchen towel roll to soak up any excess oil.

Top tip, when the oil has cooled tip it back into the bottle to use on future onion bhajis. The oil will become infused with the flavours.

WHAT'S ON AND WHERE TO GO

UK

She World Transgender Club
Every Saturday and the last Friday of the month
Stratford, London
www.she.world

Leeds First Friday
April 5th
Leeds
www.leedsfirstfriday.com

Leggs 800
Every Thursday and Saturday
Midday til 3am
800 Lea bridge Road, London E17 9DN

Ted's Place
Every Thursday
305a North End Road
Fulham, W14 9NS
0207 385 9359

Trans-Matters Social Group
K Teas Cakes
Every 2nd and 4th Thursday of the month
www.kteascakes.com

The Way Out Club
London
Saturday April 20th
www.thewayoutclub.com

HOLLAND

TGirl Party
The last Thursday of the month
www.theboss.nu

Do you have an event we should know about?

Let us know so we can share it with everyone
transgenderfocus@gmail.com